

FRONT & CENTER

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JUNE 2004



NMCRC Los Angeles Hosts Groundhog Job Shadow Day

Navy and Marine Corps Reserve Center Los Angeles (NMCRC LA), home to 27 Navy units and over 900 Sailors and Marines,

was a proud participant in **Groundhog Job Shadow Day**, a nationwide mentoring initiative that pairs students with professionals in the workplace.

NMCRC LA welcomed students from Alvarado Intermediate School from Hacienda Heights on May 14, 2004, and gave them a behind-the-scenes look at what Sailors and Marines do and how we do it. The student shadows had the opportunity to see what it's like to be a member of the military family .

Many of these students have never seen the inside of a Naval Reserve Center. The full time support Sailors and Marines at NMCRC LA created a schedule of events for the students starting with an introduction and welcome by NMCRC LA commanding officer, Commander John D. Ward, followed by activities including, knot tying, pipe patching, close order marching, "Monkey Fist" rope toss, and methods of communication in the Navy.

"It is a great opportunity to showcase our workplace and outreach to the community," said Command Master Chief Terry Evans. "The purpose of the program is to give kids an opportunity to see some of the career paths available to them in the Navy. In the past we have hosted over 50 students in this challenging and rewarding experience."

The USMC created static displays set up around the center showing the students the equipment we use to do our jobs.

*Continued on page 6 ...see **JOB SHADOW***



Pictured above: Students from Alvarado Intermediate School and Sailors and Marines from NMCRC Los Angeles

Photo by: JO2 Margaret Peng



Pictured above: EN1(SW) Jose Ruiz (left) and YN1 Joseph Wang (middle) teach students how to patch a broken pipe.

Photo by: JO2 Margaret Peng



Guided Missile Destroyer USS LASSEN **Visits Port of Los Angeles**

USS Lassen (DDG 82) arrived at the Port of Los Angeles on April 15th for a 4-day port visit as part of the Navy of the United States' "Navy Days LA."

After spending nine months at sea in the Persian Gulf, Sailors will have a chance to relax and enjoy Los Angeles.

The organizers have planned dinner parties, a day trip to Catalina, brunch at the Magic Castle, softball games and a taping of the Jay Leno show for the Sailors.

*Continued on page 10... see **USS LASSEN***



**From the Desk of the Executive Officer
LT Commander Rodney Bowman**

Former executive officer CDR Paschal and I completed the turnover and I am beginning to settle in to my new position as the Executive Officer here at the Reserve Center.

I have much to learn and big shoes to fill, but look forward to working with the professionals that provide Support to the Fleet – Ready and Fully integrated. Please wish CDR Paschal “Fair Winds and Following Seas”.

I'll be with you for 2 years on a Presidential Recall. Over the last four years, I've been a Selected Reservist, just like you, drilling with COMNAVAIRPAC 1094 in San Diego. I was a flex driller supporting the CNAP Safety Office (N45). I started as the Culture Workshop Administrator and then moved to aircraft mishap tracking. I served ten years active duty as an S-3B Viking pilot stationed in Atsugi, Japan and then to San Diego for instructor duty.

With my SELRES experience, I understand the unique challenges you face in your busy lives. My job here is to help provide you with the means to supply quality operational support to the fleet. I'll do my best to ensure your readiness by supplying you the opportunity for training, administration, travel/logistics coordination, and medical and dental facilities. I'll keep you informed of the many changes within the Navy and it's Reserve Force and any important issues needing attention.

I look forward to meeting everyone and helping provide you with the customer service you deserve. Right now, there are nearly 3000 mobilized Reserve shipmates providing essential operational support to fleet, keep them in your thoughts.



**Front & Center
NMCRC Los Angeles**

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Executive Officer	LCDR Rodney Bowman-
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**Command Master Chief
Terry Evans**

Continuing to go forward: The other day, a Sailor approached me with a question- "Master Chief Evans what do I need to do to get advanced?"

Once again, I pose the question to the Leadership, "what can we do to get our people advanced? Our people are becoming frustrated and are looking for answers. We can provide most of those an-

swers, and help guide our people to making better decisions concerning their careers.

I cannot emphasize enough the importance of conducting a proper Career Development Board (CDB) and recognizing how vital it is to the well-being and morale of our Sailors.

During these sessions, we can establish what, if any study habit is being utilized. We can provide Sailors with different methods of studying or a different advancement path. (con't next column)

Evans...We can establish General Military Training on Enlisted Career Management Objectives (ECMO). This will provide them with the knowledge of different ratings that are open, and which ones are closed. The more we educate our Sailors, the better equipped they become in making decisions about their careers. We need to continue to encourage every Sailor to change their current rating if there's no possibility of advancing.

We are an upwardly-mobil organization, and as such, our people expect to advance.

As leaders, we are forward in our careers, let's "throw the rope back" and bring our Sailors forward as well.

What's New

To enhance morale and to ensure that noteworthy performance of duty is recognized, Command Master Chief Evans has added the **Junior Sailor of the Quarter (JSOQ)** to our Sailor of the Year program. The intent and spirit of the JSOQ program is to recognize our best all-around E5 (only) personnel.

Hence forth, **Senior Sailor of the Quarter (SSOQ)** is designated for E6 only, and **Blue Jacket of the Quarter (BJOQ)** is designated for E1-E4 only.

If you have any questions regarding this change contact CMDCM (SCW) Evans at (310) 241-2160

**Petty Officer INDOC will be held on
July 10-11, 2004**

This training is mandatory for all APG personnel that completed their initial AT (Boot Camp) post September 2002.

The class will be held at the reserve center. Point of contact is CMDCM (SCW) Evans at (310)241-2160.

NEW TRAINING OFFICER: LT Rob Bulatao

NMCRC LA welcomes its new training officer, LT Rob Bulatao/1115 Surface Warfare Officer.

LT Bulatao transferred to NMCRC LA from from USS JARRETT (FFG 33).

He has previously served aboard the USS VALLEY FORGE (CG 50) as Electrical Officer, running counter drug operations in the Eastern Pacific, and aboard the USS JARRETT (FFG 33) serving as the Fire Control Officer and was on deployment in the Arabian Gulf/Horn of Africa/Gulf of Aden/Red Sea.

LT Bulatao is a graduate of the Navy's Broadened Opportunity for Officer Selection and Training (BOOST) program (1995), a graduate from the University of Southern California NROTC (1999), and attended Surface Warfare Officer School in Newport, RI (2000).

As the Reserve Center's training officer, LT Bulatao coordinates the funding for Reservists' training.

Command Master Chief's Corner

"Thumbs Up Award for Community Service."

- EN2 Gilbert Cornejo
- PN1 George Padjen
- GM2 Josiah Taylor
- PN1(SW) Joseph Samson
- EN2 Ricardo Usita
- YN1 Darrell Dean

The "*Thumbs Up*" award is presented to individuals who are especially adept at dealing with people. Your courage of conviction and strong moral character fosters high morale, exceptional *esprit de corps*, and an infectious winning attitude. Your self confidence and acute awareness of the need of our customers have led to measurable improvements in the

operation of Naval and Marine Corps Reserve Center, Los Angeles. Your actions are most deserving of recognition afforded by receipt of the "*Thumbs Up*" award. You are a dedicated and proven service professional, who truly understands that customer service is everyone's job.

Navy Public Affairs Hosts Hollywood on Ship Tours in San Diego

By JO2 Margaret A. Peng

Naval Station San Diego -- Representatives from top entertainment companies, Fox, Warner Brothers (on line) and Producers Guild of America, arrived at Naval Station San Diego's Public Affairs office to participate in Navy Office of Information West's "Hollywood to the Navy" (HTTN).

The tour is designed to give participants a glimpse of what life is like in the U.S. Navy so that they may be better prepared to incorporate what they learn into their professional life. Whether that is as a location specialist, scriptwriter, director, or producer. The program also increases awareness of the Navy and the logistics involved in maintaining a functional Navy base and efficiency aboard the ships.

The day started with a briefing from LT Brenda Garcia, NavInfo West's HTTN program manager. "We want the Navy Story to be told," said Garcia. "This gives us the opportunity to outreach to the entertainment community. We are always willing to work with the industry to help them make more authentic and credible movies."

"Any military personnel and equipment needed to assist in productions while coinciding with legitimate operational and training missions are free to the production," added Garcia. "Crews are welcome to work with the Navy to get that 'right shot.'"

Sailors from NavInfo West escorted the group around the base and aboard the USS Benfold (DDG 65) and USS Nimitz (CVN 68). The group was later treated to lunch at the base galley to get a taste of what Sailors eat.

Given the current level of security, shipboard tours are not being offered. This was a rare opportunity for civilians to come on base. Volunteers from the ships helped in escorting and maintaining safety procedures during the tours.

Guests were taken to "Destroyer row" for an impressive view of where dozens of ships are berthed. They also saw several locations that have been used as backdrops for other films and TV shows.

The ship visits started with the Arleigh Burke Class Guided missile destroyer USS Benfold (DDG 65). Commander Kevin Meyers, Combat Systems Officer, welcomed the tour and described the mission of the ship.

"We protect 'high value' units like a carrier group," said Meyers. He continued by giving an overview of the ship's capabilities, Aegis combat weapons systems, strategic command areas, and a brief history of the traditions of the Navy.

Of particular interest to the guests was the quality of life for the Sailors. "We have a library, Internet services, and study areas," said Meyers.

Ensign Jeryl Contemprato, USS Benfold (DDG 65) communications officer, assisted with the tour and informed visitors about the capabilities of the ship, importance of radar and shipboard communications, man overboard procedures, and navigation. The guests saw and felt what it's like to live aboard ship- to see how the Sailors work, eat and sleep. Guests toured the wardroom, galley, berthing, and the bridge.

The excitement was obvious prior to boarding the Nimitz-class aircraft carrier, USS Nimitz (CVN 68), the world's most expensive and deadly piece of U.S. real estate. A safety brief was conducted by Chief Warrant Officer 2 Rob Key, the ship's gunner.

*Continued on Page 7, See **HOLLYWOOD***



New Officer in Charge of USS CURTS (FFG38) Ship Augmentation Unit LT. Scott Michel (pictured above) By JO2 Margaret Peng

USS CURTS (FFG 38) Ship Augmentation Unit Welcomes a New Officer in Charge (OIC)

By JO2 Margaret A. Peng

LT Scott Michel has been selected as the OIC for USS CURTS (FFG 38) Ship Augmentation Unit.

His last duty station was as training officer for Mobile Mine Assembly Unit (MOMAU) ONE at NMCRC Los Angeles. Some of his other positions: Project officer for Naval Sea Systems Command DET 519, training officer, engineering/operations trainer (EOT) DET 2, and served in the the role of executive officer during his last tour.

LT Michel is a graduate of Wittenberg University, Springfield, OH in physics in 1987, a Masters of Science from UCLA, and a Ph.D. in computer science from UCLA.

LT Michel is employed by the Aerospace Corporation in El Segundo. His hobbies include rollerblading, boogie boarding/surfing, sailing.

LT Michel joined the Navy through the direct commissioning program as an engineering duty officer in 1999.

"I joined because I have always felt the calling to military service," said Michel. "It is a distinct privilege and honor to fulfill that calling and serve as a commissioned officer. I also enjoy the challenge of accepting leadership responsibility and developing leadership skills in addition to my technical skills, as an overall well-rounded member of society at large."

Michel feels very strongly about contributing back to the community and sharing his experiences with the next generation.

"Lastly, and perhaps most personally, I want to be able to tell my future children that I took full advantage of the opportunities life offered me and excelled at them," said Michel. "Having travelled to several different countries, I always come back to the United States with a deeper appreciation for what we have and where we live and the freedoms that we take for granted."

"First and foremost, our Navy's Core Values, Honor, Courage and Commitment, are values we should apply every day and in every way, both on and off the drill weekend. We embody these values by setting the example for others because we are the example -- whether they are our Navy shipmates or civilians."



Rear Admiral W. Clyde Marsh, USN (pictured above), was the Grand Marshal for the City of Torrance's 45th Annual Armed Forces Day Celebration on May 15, 2004. Photo by: PH3 Keith McDonald

The Navy was the honored service for the City of Torrance's 45th Annual Armed Forces Day Celebration and Parade By JO2 Margaret A. Peng

All branches of the military were represented in the parade, joined by local junior ROTC, ROTC units, military marching units, color guards, high school marching bands and drill teams, veterans groups, precision LAPD motorcycle drill team, and city council members.

The Torrance parade "A Tradition of Heroes" has the distinction of being the longest-running military parade sponsored by any city in the nation. It is dedicated to the men and women who serve and have served in the armed forces.

USN Rear Admiral W. Clyde Marsh, Commander, Amphibious Group THREE in San Diego, was Grand Marshal for the day's events.

Each year the parade draws over 100,000 spectators and some say they were impressed by the number of parade participants and the planned events of the day.

"The highlight of the day for me was when the jet aircraft did a fly by," said Boatswains Mate 2nd Class Petty Officer Roger Maldonado. "It was great to see the community come out to support the armed forces. It made me feel very proud to be a Navy Sailor."

An array of military exhibits inside and outside the Del Amo Fashion Center were open to the public throughout the weekend.

Other Navy units participating in the parade were members from USS Decatur (DDG73), USS Nevada (BB-36), Naval Base Ventura County Missile Afloat, 31st Seabee Readiness Group, Naval Sea Cadet Corps, and local Navy Leagues.

In 1960, former Mayor Al Isen, with the help of the Torrance Chamber of Commerce, organized the first parade as a tribute to friends and fellow Americans who had served in the Armed Forces.

3D ANGLICO Holds MARINE DAY at Rogers Middle School

3D Air Naval Gunfire Liaison Company (3D ANGLICO) Marine Forces Reserve NMCRC Los Angeles held a "Marine Day" in Manhattan Beach at Rogers Middle School in Lawndale to highlight the importance of physical fitness.

There were approximately 1400 students participating. The Marines coached 7 periods of Physical Education, each period had about 200 to 300 students. The Marines also put up a static display, introducing the importance of physical fitness, and why Marines are fit and stay fit.

Some activities included ten minutes of calisthenics, relay races, and a tug-a-war.

NMCRC Los Angeles Celebrated Asian Pacific Islander American Heritage Month

Sailors from Naval and Marine Corps Reserve Center Los Angeles (NMCRC LA) celebrated Asian Pacific Islander American Heritage Month in May with a luncheon and speaker at a local Cambodian Restaurant.

The term "Asian Pacific Islander American" has a depth far beyond the notion of a single cultural group.

It includes a broad geographical representation, complex societal structures and a myriad of customs what have evolved over time.

Originally started in 1977 as a 10-day long commemoration of Asian Pacific American Heritage, on October 5, 1978, President Jimmy Carter signed a Joint Resolution designating a month-long annual celebration in the month of May.

The month is not only to celebrate the cultural heritage of APIAs, but to highlight the contributions of APIAs to the history of the United States.

Navy Band Southwest (pictured below) performs for over 100,000 spectators at the City of Torrance's 45th Annual Armed Forces Day Celebration and Parade. (May 15, 2004)

Photo by: PH3 Keith McDonald



Continued from page 1.... **JOB SHADOW**

The students from Alvarado are a part of a workability program which provides options to students to learn about employment opportunities. The students sold candy afterschool to pay for the buses and travel expenses to visit the Reserve Center.

"The children were so excited to come to the Center," said Linda Munoz, SDC teacher at Alvarado. "They were asking all sorts of questions before we got here. I can see that they are having a great time."

Job Shadowing 2004 is sponsored by a coalition that includes America's Promise, Junior Achievement, and the U.S. Department of Labor. For more information, log on to www.jobshadow.org.



Darren Englebrecht and George Padjen teach student the "Monkey Toss."
Photo by: JO2 Margaret Peng



3D ANGLICO Marine teaches the students how to properly don a parachute.
Photo by: JO2 Margaret Peng



A Marine Humvee (above) stands at the ready in front of NMCRC LA for the students of Alvarado Intermediate School during the Center's Ground Hog Job Shadow Day. 3D Anglico Marines (pictured below) prepare a hands-on display of equipment for students. Photos by: JO2 Margaret Peng

EN1(SW) Jose Ruiz (right) watches over students of Alvarado Intermediate School after training them on how to patch a leaking pipe.
Photo by: JO2 Margaret Peng

3D ANGLICO Marine (pictured lower right) shows students how to handle and twirl a rifle. Marines show the different methods of wireless communication used by troops. Photos by: JO2 Margaret Peng



HOLLYWOOD... continued from Page 4

Members of the NIMITZ crew discussed the uses of some equipment that can be found in the hanger and guided the tour through the hanger bay, berthing, the galley, bridge, and engineering.

"The highlight of the day was definitely the NIMITZ," said freelance screenwriter Rick Garside. "It was amazing to see just how much the Navy can and does do. Seeing the amount of logistics required just to put this ship to sea is simply amazing. I was very impressed."

CWO2 Key guided the group throughout the carrier's spaces and wanted to convey the dedication and the professionalism the Sailors onboard exhibit to make the ship an efficient running piece of equipment and the importance of working together to improve the quality of life aboard.

The pride in his work was evident when Culinary Specialist petty officer first class Noel Velez described the work involved to feed up to 6000 Sailors and how his unit manages and maintains the galleys aboard the NIMITZ.

Because it was a Sunday, visitors also got a glimpse of Sailors with their families, running errands, washing their car at the base car wash, grocery shopping, and other activities.

By the end of the day, the guests had experienced a little of what Sailors live each day. The tour also served to dispel some myths about the Navy. No, we no longer serve SPAM as the main meat dish at dinner. Yes, women serve aboard combat ships.

"Seeing men and women working together doing their jobs was a surprise to me," said Garside. "I didn't realize just how integrated the Navy was. I knew that women were on combat operations, but I still had in my mind that combat ships didn't have women aboard."

For freelance scriptwriters, taking a tour of a Naval facility can save them a lot of money later in their production process. If they want an accurate portrayal of the life of a Sailor, there is nothing more informative than spending a day on base. The script is where a major production begins. Getting the facts at how disciplined Sailors had to be to be able to tolerright the first time will save them from making changes in the future.

Freelance screenwriter Rick Garside voiced his gratitude and his surprise at how helpful the Navy has been to him. "Actually, I was really surprised how much the Navy was willing to work with us (filmmakers) at no charge."

"That is good news to us," added Garside. "Films are hard enough to make, and with that kind of cooperation, it is your government giving back to you."

"Navy personnel have been very helpful answering questions," said Garside. "I was able to hear about all the ways the Navy can work me to create a plausible script."

The purpose of the "Hollywood to the Navy" program is to help tell the Navy story and to escort motion picture and television professionals on tours of Naval facilities and give them a glimpse of what life is like for a Sailor on a ship or on base.

The Navy Office of Information West provides assistance for motion pictures, television shows, and video productions. Naval personnel serve as project officers to coordinate successful support from the Navy and to ensure authentic portrayals of military persons, places, operations and events.

NavInfo West is chiefly concerned with ensuring the Navy image is properly portrayed and authentic. It is the liaison between the Navy and the television and motion picture industry to help producers and writers with their requests for sailors, ships and the use of Navy installations.

New Record for Reserve Center Fire Drill

During the last drill weekend, the Reserve Center conducted a fire drill. We evacuated the entire building within 8 minutes, 7 minutes shorter than the last fire drill the center conducted.

GOOD JOB EVERYONE!!!!

Welcome to the New Medical Department Head, HM1 (FMF) Barry N Floyd, Full Time Support



NMCRC Los Angeles has a new Medical Department Head. Transferring from 1st Battalion, 7th Marine MCAGCC Twentynine palms, HM1 Floyd has attended Combat Medic class and EMT class, with on the job training in physical

therapy and experience in clinical psychology.

HM1 Floyd joined the Navy in 1987, and his past duty stations have included, boot camp in Great Lakes, IL, Hospital Corpsman School, Field Medical Service School, 1st Battalion 9th Marines, and was deployed for WESTPAC in 1988. In 1991, he reported to Branch Medical Clinic Meridian, MS. Later, he reported to 3rd Battalion, 7th Marines in 1994 until November 1997, being deployed twice to Okinawa, Japan.

"During my time with 3/7 I was part of Restore Hope," said Floyd. "I was then transferred to Inspector and Instructor Staff 6th Engineer Support Battalion South Bend, IN."

Floyd continued his service by reporting to 1st Battalion 7th Marines Twentynine Palms, CA in November 2000, and being deployed to Okinawa, Japan, and then to Operation Iraqi Freedom from January 2003 to October 2003.

"In today's Navy you need to learn to be flexible at all cost," said Floyd. "It is important to remember that you are a United States Sailor at all times."

The medical department is usually inundated with Sailors during drill weekends ,and the staff are working very hard to accommodate the over 900 Sailors assigned to NMCRC Los Angeles.

"The medical department is striving to correct problems that have been in hiding," said Floyd. "We are trying to get everyone up to 100% for medical readiness. We are striving to make sure that people are taken care of at any moment they come to the medical department."

HM1 Floyd enjoys keeping physically fit by taking walks, hiking, and running. He also likes reading about the Vietnam War, true crime books, and researching Navy History.

If you have any questions please call HM1 (FMF) Barry N Floyd 310-241-2191.

FROM THE FLEET

Active and Reserve forces integration

Introduction by VADM John G. Cotton
Commander, Naval Reserve Force

After months of emphasis, every "Shipmate," Full Time Support (FTS) and Drilling Reservists (DRILRES) alike, has seen these words and had a chance to reflect on their meaning.

"Support to the fleet"—Naval Reserve Fighter Squadron 201's (VFA-201's) recent deployment with USS Theodore Roosevelt (CVN 71), continued global security efforts by Naval Coastal Warfare units, and special operations support by Helicopter Combat Support Squadron 4 (HCS-4) and HCS-5, who both possess one of a kind capabilities that exist primarily in the Naval Reserve, and USS Stephen W. Groves' (FFG-29) counter-narcotics achievements, are just a few examples of the significant contributions Naval Reserve units are making towards the Global War on Terrorism (GWOT).

More than 22,000 Naval Reservists have been mobilized since 9/11, and more have been notified of upcoming recalls to active duty. Daily, our talented Reservists and their supported commands innovate ways to apply our Annual Training (AT), Active Duty for Training (ADT) and Flex Drill man days to maximize support of fleet requirements, maintain a high state of "readiness," and continue to demonstrate the value of the Naval Reserve...capability and commitment, anytime, anywhere, "24/7/365."

"Fully integrated"—The Navy must take ownership of its Reserve force. Our military's current force structure was designed to combat a Cold War era enemy that no longer exists. Today's enemies are smaller, more difficult to identify, and aggressively apply asymmetric tactics. To win the Global War on Terrorism, we need to rapidly transform and become a more flexible service with surge capability. We also need to recapitalize our fleet to take advantage of new technologies that will enable us to defeat our nation's enemies overseas, so we do not have to fight them at home.

We can only accomplish this by utilizing all of the resources at our disposal in the most efficient and effective manner, which is best accomplished as one fully integrated force. To that end, Commander, Naval Reserve Force (CNRF) and Commander, Fleet Forces Command (CFFC) have engaged in an aggressive plan to rapidly integrate active and Reserve forces. CFFC ADM William J. Fallon has kindly agreed to share with you his perspective on the progress we have made and what the future may hold for the Navy's total force.

Military spouse appreciation day was on 14 May 2004.

Recognize the vital role our military spouses play in the defense of our nation. Convey appreciation and gratitude.

Navy spouses are the "heroes behind the scenes," often forgoing personal and professional aspirations, enduring long periods of separation, and willingly moving to foreign countries to become front line American ambassadors. They prove time and again their unwavering loyalty and steadfast devotion. They are an integral part of the patriotic fabric of our Nation and deserve our heartfelt thanks and admiration. - VADM G. L. HOEWING

FOCUS on our Supply Corps: Storekeeper

The more than 3,800 active and Reserve Supply Corps officers of the Navy Supply Corps are responsible for supply and logistics support for the ships of the active fleet and hundreds of Naval shore installations worldwide, providing combat capability through logistics.

NAVSUP's primary mission is to provide U.S. Naval forces with quality supplies and services. With headquarters in Mechanicsburg, Pa., and employing a worldwide workforce of more than 23,000 military and civilian personnel, NAVSUP oversees logistics programs in the areas of supply operations, conventional ordnance, contracting, resale, fuel, transportation, and security assistance. In addition, NAVSUP is responsible for quality of life issues for our Naval forces, including food service, postal services, Navy Exchanges, and movement of household goods.

Supply Corps personnel should sign up for the Public affairs newsletter at: NAVSUP Email Distribution System at <https://applications.navsup.navy.mil/neds/>

Navy "One Source," is a free 24-hour information and referral service, available to all active and Reserve Sailors and their families.

Navy "One Source" covers areas such as parenting and child-care, educational services, financial information and counseling, civilian legal advice, elder care health and wellness, crisis support and relocation information as well as many other fields.

The service offers practical solutions, background information, and advice via telephone, e-mail, or the Web. It is to augment existing support activities; to help Sailors and their families with personalized customer service and Referral; and to link customers to key resources, Web pages, and call centers.

This is particularly useful to overseas or geographically dispersed Sailors who may not have access to traditional support services. It will also be available to OCONUS civilians with SOFASTATUS or on FFSC staffs.

The Navy "One Source" number is: 1-800-540-4123. OCONUS Sailors and families may access the service through an OCONUS universal free phone at 800-5404-1233 with Navy

<https://www.navyonesource.com/login/index.aspx?ReturnUrl=%2findex.aspx>

Another great resource - please find updated VA mobilization/deployment information website:

http://www.vba.va.gov/EFIF/res_guard.htm
Cdr Jack E. Hanzlik, COMNAVRESFOR PAO

COMMUNITY

Wilmington Chamber of Commerce Support Deployed Sailors and their families

The Wilmington Chamber of Commerce, located a few miles north of Naval and Marine Corps Reserve Center Los Angeles, coordinated an annual campaign from December 2003 to March 2004 to raise funds to help support the spouses and family members of deployed Sailors.

Under the sponsorship of the chamber, the board of directors collected donations from Los Angeles and Long Beach Harbor individuals and businesses.

These funds were then made available to help out family members while their Sailor is overseas supporting Operation Iraqi Freedom.

"It is a tough time for some families with deployed Sailors," said Manuel Louis, executive board member of the Chamber. "We wanted to show our service members that their community supports them. This is one way we could show our support."

To show their support to family members in need prior to their mobilization, the chamber raised over \$2500.

Louis was a member of the Naval Reserves during 1945-1946.

Yorba Linda Family Donates Historical Navy Photos to NMCRC Los Angeles

A special thank you to the Shears family of Yorba Linda, for donating to NMCRC LA, precious historical photos. They are of :

USS West Virginia (BB-48) (Dated March 13, 1925) -She took five 18-inch aircraft torpedoes in her port side and two bomb hits those bombs being 15-inch armor-piercing shells fitted with fins during the December 7, 1941 attack on Pearl Harbor.

Capt. Thomas J. Senn - first captain of USS West Virginia **SS Maui (ID 1514)** circa the mid-1920s - The Maui served both the US Navy during WWI and the Army during WWII.

Army & Navy YMCA, Hawaii prior to the attack on Pearl Harbor **Battleship USS California (BB-44)** Was moored at the southernmost berth of "Battleship Row" when the Japanese launched their aerial attack on Pearl Harbor.

Pre World War II Sailors attending a Navy 'Smoker' (boxing match) aboard while underway (Dated: April 24, 1925)

Sailors will be able to view the photos in a special display at the Reserve Center. "We greatly appreciate your gift. Many would not give a second thought to throwing away old pictures. It is people like you who keep history alive and interesting for our Sailors."

BRAVO ZULU

NMCRC LA 1st Quarter 2004 Bluejacket of the quarter (BJOQ) and Sailor of the Quarter (SOQ) winners:

Active Duty Staff SOQ: EN2 Gilbert Comejo

SELRES BJOQ: PN2 Tina Luke, NR FFG-38 USS CURTS Det 1941

SELRES SOQ: YN1 David Bickelhaupt, NR ATGPAC Det 119

The following individuals were nominated by their command for consideration as BJOQ/SOQ and are to be commended for their fine performance:

CS1 James E Graham, NR FFG 38 CURTS

HM2 Emmitt L. Sanders III of NR 3D ANGLICO

EM2 Sean Leighton of WSFSB EOT 2

ET2 Curtis D. Sanders of NR NCTAMS PAC 219

Navy Achievement Medal-

Master at Arms Seaman (MASN) Jenna Leigh Cox currently serving in South Korea, COMFLEACT Chinhae.

Machinist Mate 1st Class (SW/AW) Michael E. Buchanan

Damage Control 1st Class (SW) Scott A. Zwar

Letter of Commendation - ET2 Curtis Dexter Sanders

Congratulations to **Captain (select) Michael Mahoney**

Advice from Successful Recruits Returning from Boot Camp

***Be Prepared**

*** Learn How to Swim**

*** Pay Attention to Detail**

*** Keep an Open Mind**

*** Get into Shape**

We would like to congratulate the Naval Reserve Accession Course recruits who earn awards during training at "Boot Camp," Recruit Training Command Great Lakes, IL.

Culinary Specialist Seaman (CSSN) Niomisha Wilson

earned the *Honor Recruit Award* and took a leadership role as her division (830) AROC.

"When you get to boot camp, pay attention to detail," said Wilson. "This is a once in a lifetime experience, make the most of it. Be prepared. Your performance reflects and affects the performance of the entire division."

Engineman Fireman (ENFN) Julius Shannonhouse

was awarded the *Distinguished Graduate Award* at his graduation from Boot Camp in Great Lakes, IL. He was also the Starboard Watch petty officer of Division 827.

"Everyday was fun," said Shannonhouse "It is what you make of it. You should take ownership of your training, make the most of your time there. It was a challenge getting along with so many people from different backgrounds, but we have to."

Operation Specialist (OSSN) Yadia Cervantes

was awarded the *Honor Recruit Award*. She also served as the forward hold lead petty officer and the Starboard Watch and Religious petty officer of Division 818.

"I wanted to join the Navy since I was 18," said Cervantes. "Because of 9/11, I felt it was time to do it. I got along with everyone, I tried to help shipmates realize the bigger picture while were there, and to keep an open mind. The hardest thing was to be apart from my family. It was very important to me that my family was so supportive of my training. I feel like I am a role model for my son."

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Named for the Medal of Honor recipient, Commander Clyde Everett Lassen, USS LASSEN is an *Arleigh Burke* class guided-missile destroyer. The vessel is homeported in San Diego and visits Los Angeles after its maiden deployment in support of Operation Enduring Freedom. LASSEN's combat systems center around the *Aegis* combat system and the SPY-ID, multi-function phased array radar. The combination of *Aegis*, the Vertical Launching System, an advanced anti-submarine warfare system, advanced anti-aircraft missiles and *Tomahawk* cruise missiles, makes LASSEN one of the most powerful surface combatant ships ever put to sea.

Hundreds of locals and visitors greeted the ship and its crew, along with the U.S. Coast Guard fleet and Los Angeles Fire Department fireboats.

San Pedro High School's marching band played 'Tequila' and 'All Right Now,' to welcome LASSEN Sailors.

"The students were very excited to come down to welcome the LASSEN," said band director Paul Purdy. "We did this last year when the USS Pelileu (LHA-5) was here. They are really interested in seeing the different ships."

"We learned Anchors Aweigh just this morning," continued Purdy. "The kids were dedicated and determined to play it for the ship. They are able to play music for me like professionals."

Commanding Officer, Commander Hugh (Denny) Wetherald accepted a welcome plaque from the Los Angeles Board of Harbor Commissioners.

"Los Angeles as one of the largest trading ports in the nation would not be, if not for the hard work of the people in the US Navy," said a harbor commissioner. "On behalf of the Port of LA and the LA Harbor Commission, I would like to thank all the men and women in the service for their dedication to our country."



Redondo Union High School US Marine Corps Junior ROTC, San Pedro High School Air Force Junior ROTC, Banning High School Navy Junior ROTC, CTS Arthur Beaumont Navy League Cadet Corp. and Haven Division Coast Guard Sea Cadets form the color guard to welcome USS Lassen (DDG 82) for 'Navy Days LA III.' Photo by JO2 Margaret A. Peng



The Los Angeles Fire Department escorts the LASSEN into the Port of Los Angeles with a watery display. Photo by JO2 Margaret A. Peng



USS LASSEN's Commanding Officer, Commander Hugh (Denny) Wetherald accepts a welcome plaque from the Los Angeles Board of Harbor Commissioners. Photo by JO2 Margaret A.



Sailors aboard USS LASSEN (DDG 82) prepare the lines to moor the ship to the pier at the Port of Los Angeles. Photo by JO2 Margaret A. Peng

KEY NAVAL RESERVES COMMUNICATION POINTS

All as an ongoing effort to ensure everyone understands our mission, goals, priorities and has the most current communication points, the following is provided. Please disseminate to the maximum extent possible, using POM, quarters, email, etc. The “5.4.3.2.1” construct organizes the functional areas on which we’re focusing our energy to achieve the one Navy vision; it includes our Navy goals, the challenges that every organization faces, several characteristics of the Naval Reserve community that facilitate in planning how our talent should best be employed; our standards of performance, and our vision. The major challenges the Naval Reserve faces are not unique to our organization; in fact every governmental and civilian organization face these, and to the extent they manage them determines their success.

Five (5) goals - CNO’s goals are our goals:

1. Manpower
2. Current Readiness
3. Future Readiness
4. Quality of Service (work and life)
5. Alignment

Four Challenges (the “4 Cs”)

1. Communication:

- a. Creating a common vision that clearly articulates purpose and roles, enables members to take action consistent with the Navy’s vision.
- b. Keeping not just our leadership informed, but every Sailor is so important, and in today’s technologically-advanced world, it’s becoming easier. Simply, a Sailor armed with timely, accurate information can be successful, one that’s not, cannot.

2. Culture:

- a. Both the active and reserve components have developed long-standing beliefs of how the reserve component works. Some are accurate, some are not.
- b. Breaking these cultural perceptions requires an aggressive education/ communication plan and even more aggressive action. These steps are already in work at the senior level through 3 and 4 star interaction and the command master chiefs. A strong internal and external media campaign has already captured significant attention and opened up the minds of leadership to the “potential” of our surge force and a new relationship.
- c. Challenging all practices and driving towards practical solutions to meet Naval requirements is vital in providing our taxpayers the Naval force they deserve.

3. Continuing education:

- a. Growing our people is necessary for the overall improvement of our service and personal satisfaction, and with it comes personal and professional opportunity. Investments in distance learning programs, the 5-vector model, Navy skills online, and a culture of online resourcing will continue to enable us meet our professional challenges and personal goals.

4. Commitment: Everything we do must honor two things:

- a. Naval requirements - we must accomplish the mission.
- b. Our most valuable assets – our people.

Three Reserve Priorities (the “3 Ps”)

Key elements in laying the foundation for the success of our Reserve support include “predictability,” “periodicity,” and “pay and benefits.”

1. & 2. Predictability and periodicity are tied together and describe a characteristic of the Naval Reserve. Because we have 12 days of Annual Training (AT) and 24 drill periods available each year, as a Title 10 entitlement, the Navy can *predict* our baseline contribution. Because this baseline contribution is also *periodic*, as opposed to continuous, missions that don’t require a 24/7/365 capability are ripe for SELRES who can be surged forward during times of need to augment the active component. As Commander, Fleet Forces Command conducts the Zero Base Revue (ZBR), evaluating Naval capabilities and determining current and future Naval requirements, the predictability and periodicity (frequency) of how and when we will employ our SELRES are important. We don’t want to overuse or underutilize any resource. The time we commit to the Navy, whether on ADSW, AT, ADT, Flex Drills, or Mobilization, impacts our family and civilian professional lives and needs to be balanced for personal and professional success.

3. Pay and Benefits – When CNO took the reigns he stated his #1 priority was manpower. In our all-volunteer force we need to continue to have competitive salary and benefits packages that will help us attract and retain the talent necessary. In recent times, we’ve made major strides in erasing the prior differential in benefits that existed between the active and reserve components. Advocates like the Naval Reserve Association, Fleet Reserve Association, Reserve Officer’s Association and Employer Support of the Guard and Reserve (to name just a few) have lobbied tirelessly to ensure our Reserve force has relative parity with our active Navy and other service reserve components. Exciting new personnel, accounting and travel systems will soon put us all (active and Reserve) into one database, reducing pay and benefits problems as one transitions to/from active duty and the Naval Reserve.

Two Standards of performance (the “2-Ss”)

1. Efficiency
2. Effectiveness

One vision - “Support to the Fleet Ready and Fully Integrated”